

25th Second Breath/25. Otr elpa
Valmiera, 28.-29.05.2022.

Event 1
28.05.2022 - 14:00

Women, 200m Freestyle

25 years and older
Results

Vieta V rds, Uzv rds	Dz.g.	Komanda	Rezult ts	RT Punkti	50m	100m	150m	200m
25 - 29 years								
1.	SILINA Sindija	95	Valmieras PK Aqua	2:17.37 +0.76	31.04	35.05	35.93	35.35
40 - 44 years								
1.	GRUGULE Jolanta	80	Jekabpils SC	2:35.42 +0.78	34.86	39.27	41.38	39.91
45 - 49 years								
1.	PRANCKEVICIENE Jurate	75	Marijampoles Torpedos	2:58.23				
2.	SUFINSKIENE Ilona	74	Marijampoles Torpedos	3:21.09 +1.06	45.13	50.69	53.46	51.81
55 - 59 years								
1.	MIKELSONE Aiva	66	Valmieras PK Aqua	2:37.24 +0.81	36.54	40.11	40.61	39.98
60 - 64 years								
1.	KOZAK Jolanta	61	Kauno Takas	4:27.25 +0.89				

Event 2
28.05.2022 - 14:05

Men, 200m Freestyle

25 years and older
Results

Vieta V rds, Uzv rds	Dz.g.	Komanda	Rezult ts	RT Punkti	50m	100m	150m	200m
25 - 29 years								
1.	LANCOVS Nikita	93	SK Delfins	2:41.73 +0.80	32.36	38.35	44.27	46.75
35 - 39 years								
1.	SKIPARS Vilnis	83	Jekabpils SC	3:40.40 +1.21	41.76	54.58	1:03.50	1:00.56
DNF	LICITIS Arturs	85	Jekabpils SC					
40 - 44 years								
1.	KORABLOVS Aleksejs	78	SK Delfins	2:15.60 +1.03	31.09	33.90	35.43	35.18
45 - 49 years								
1.	BUNA Janis	77	SK Delfins	2:52.96 +0.86	38.88	43.48	45.69	44.91
2.	KADIKIS Arnolds	75	Kekavas novads	3:30.27 +0.94	42.75	49.51	58.19	59.82
55 - 59 years								
1.	GUMBIS Vaidotas	66	Ilgaplaukiai	2:14.96 +0.54	30.62	33.64	35.02	35.68
2.	KRASAUSKAS Vilmantas	64	Marijampoles Torpedos	2:21.88 +0.79	31.94	34.94	36.99	38.01
DNF	BUSMANIS Ritvars	66	PK MW Riga					

NOSAC TIE APZ M JUMI:
Event - Distance; Heat - Peld jums;

RT - reakcijas laiks; DSQ - diskvalifikacija;
DNS - nestartaja; WDR - atsaukts starts;

years - gadi; and older - un vec kas/-i
Results - rezultati

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Event 2, Men, 200m Freestyle

65 - 69 years

1. TEPONOJA Timo	55	Cetus	3:06.62 +1.03	41.89	47.14	49.00	48.59
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70 - 74 years

1. MICKELIUNAS Jonas	51	TSK Darna	2:57.46 +1.29	40.23	44.48	47.25	45.50
2. LAHT Lembit	49	Meisterujumise U-Klubi	2:57.48 +1.00	39.24	45.06	46.89	46.29

75 years and older

1. GRIGAS Stasys	41	Marijampoles Torpedos	5:56.29 +1.18	1:26.03	1:31.98	1:33.13	1:25.15
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Event 3

Women, 200m Breaststroke

25 years and older
Results

28.05.2022 - 14:18

Vieta V rds, Uzv rds	Dz.g.	Komanda	Rezult ts	RT Punkti	50m	100m	150m	200m
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45 - 49 years

1. VAITONE Irina	74	Rezeknes pilseta	2:51.65 +0.67		39.80	43.70	43.83	44.32
2. POLICANE Anzelika	73	Rezeknes pilseta	3:24.62		48.17	51.10	52.90	52.45
3. SKABE Aiga	74	PK Champions	3:31.81		48.16	54.55	54.73	54.37
4. DANILENKO Valentina	74	PK Champions	3:43.18 +1.02		50.16	56.50	58.41	58.11

60 - 64 years

1. KULLA Kaia	61	Meisterujumise U-Klubi	3:20.18 +0.83		44.50	50.25	52.73	52.70
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65 - 69 years

1. CINELIENE Margarita	56	Marijampoles Torpedos	4:08.50 +0.72		54.61	1:02.80	1:06.08	1:05.01
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Event 4

Men, 200m Breaststroke

25 years and older
Results

28.05.2022 - 14:23

Vieta V rds, Uzv rds	Dz.g.	Komanda	Rezult ts	RT Punkti	50m	100m	150m	200m
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30 - 34 years

1. TABELEVS Mihails	88	PK MW Riga	2:36.75 +0.62		35.05	40.83	40.88	39.99
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35 - 39 years

1. SKIPARS Vilnis	83	Jekabpils SC	4:01.13 +1.00		53.77	1:01.37	1:04.60	1:01.39
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40 - 44 years

1. TALALAJEVs Juris	82	Rezeknes pilseta	2:59.32 +0.80		39.65	45.68	48.30	45.69
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Event 4, Men, 200m Breaststroke

45 - 49 years

1. ZARKOVSKIS Dmitrijs	75	SK Delfins	2:48.54 +0.72	37.53	43.67	43.87	43.47
2. BARABISKINS Andris	73	Rezeknes pilseta	3:10.87 +0.88	41.59	47.77	50.91	50.60

60 - 64 years

1. KOOSKORA Olev	62	Meisterujumise U-Klubi	3:30.79 +0.91	46.00	52.99	55.66	56.14
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70 - 74 years

DNF LUIGE Aksel	49	Meisterujumise U-Klubi					
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Event 5

28.05.2022 - 14:27

Women, 200m Butterfly

25 years and older
Results

Vieta V rds, Uzv rds	Dz.g.	Komanda	Rezult ts	RT Punkti	50m	100m	150m	200m
40 - 44 years								
1. ARUSOO Kristiina	79	Meisterujumise U-Klubi	2:56.34 +0.80		36.81	44.59	48.70	46.24

Event 6

28.05.2022 - 14:31

Men, 200m Butterfly

25 years and older
Results

Vieta V rds, Uzv rds	Dz.g.	Komanda	Rezult ts	RT Punkti	50m	100m	150m	200m
40 - 44 years								
1. ZUKOVŠ Marians	80	Rezeknes pilseta	2:58.59 +0.54		36.55	44.03	48.06	49.95
50 - 54 years								
1. HODIREV Sergej	68	Meisterujumise U-Klubi	3:42.79 +1.13		46.71	56.67	59.01	1:00.40

Event 7

28.05.2022 - 14:34

Women, 200m Backstroke

25 years and older
Results

Vieta V rds, Uzv rds	Dz.g.	Komanda	Rezult ts	RT Punkti	50m	100m	150m	200m
45 - 49 years								
1. SILINA Laura	73	Valmieras PK Aqua	3:00.87 +0.91		41.42	45.52	46.79	47.14
2. PRANCKEVICIENE Jurate	75	Marijampoles Torpedos	3:34.21 +0.59		51.88	54.14	55.95	52.24
55 - 59 years								
1. VANTSI Merle	65	Meisterujumise U-Klubi	2:57.97 +0.78		40.76	45.55	46.59	45.07

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Event 8
28.05.2022 - 14:39

Men, 200m Backstroke

25 years and older
Results

Vieta V rds, Uzv rds	Dz.g.	Komanda	Rezult ts	RT Punkti	50m	100m	150m	200m
45 - 49 years								
DNS GUSEVS Aleksejs	75	PK Champions						
60 - 64 years								
1. KOSTYREV Andriy	60	No Stars	3:04.23 +0.71		42.14	48.02	48.78	45.29
75 years and older								
1. PALUDNEVICIUS Valdimars	47	Marijampoles Torpedos	3:44.78 +0.76		51.94	56.37	58.21	58.26
2. GRIGAS Stasys	41	Marijampoles Torpedos	5:58.10 +1.18		1:24.94	1:29.35	1:30.63	1:33.18

Event 9
28.05.2022 - 14:45

Women, 200m Medley

25 years and older
Results

Vieta V rds, Uzv rds	Dz.g.	Komanda	Rezult ts	RT Punkti	50m	100m	150m	200m
25 - 29 years								
1. SILINA Sindija	95	Valmieras PK Aqua	2:34.87 +0.74		33.38	41.92	43.99	35.58
40 - 44 years								
1. GRUGULE Jolanta	80	Jekabpils SC	3:00.67 +0.81		41.97	46.06	51.47	41.17
55 - 59 years								
1. MIKELSONE Aiva	66	Valmieras PK Aqua	3:02.38 +0.72		40.95	48.90	52.39	40.14

Event 10
28.05.2022 - 14:49

Men, 200m Medley

25 years and older
Results

Vieta V rds, Uzv rds	Dz.g.	Komanda	Rezult ts	RT Punkti	50m	100m	150m	200m
45 - 49 years								
1. IVLEVS Vladimirs	75	Rigas pilseta	3:05.63 +0.77		37.10	54.81	50.87	42.85
50 - 54 years								
DNS HODIREV Sergej	68	Meisterujumise U-Klubi						
55 - 59 years								
DNS BUSMANIS Ritvars	66	PK MW Riga						

NOSAC TIE APZ M JUMI: RT - reakcijas laiks; DSQ - diskvalifikacija; years - gadi; and older - un vecakas/-i
Event - Distance; Heat - Peldjums; DNS - nestartaja; WDR - atsaukts starts; Results - rezultati

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Event 11
28.05.2022 - 14:52

Women, 400m Medley

25 years and older
Results

Vieta V rds, Uzv rds Dz.g. Komanda Rezult ts RT Punkti

Event 12
28.05.2022 - 14:52

Men, 400m Medley

25 years and older
Results

Vieta V rds, Uzv rds Dz.g. Komanda Rezult ts RT Punkti

45 - 49 years

1. GUSEVS Aleksejs	75	PK Champions	5:25.48	+0.82					
50m: 32.42 32.42	150m: 1:55.38 41.98	250m: 3:24.48 48.34	350m: 4:49.19 37.83						
100m: 1:13.40 40.98	200m: 2:36.14 40.76	300m: 4:11.36 46.88	400m: 5:25.48 36.29						
2. OZOLINS Janis	76	Valmieras PK Aqua	5:36.31	+0.72					
50m: 35.06 35.06	150m: 1:59.53 45.23	250m: 3:30.34 45.82	350m: 4:57.36 41.31						
100m: 1:14.30 39.24	200m: 2:44.52 44.99	300m: 4:16.05 45.71	400m: 5:36.31 38.95						

70 - 74 years

1. LAHT Lembit	49	Meisterujumise U-Klubi	7:26.85	+0.91					
50m: 51.31 51.31	150m: 2:54.48 1:00.12	250m: 4:52.47 1:00.19	350m: 6:42.29 51.49						
100m: 1:54.36 1:03.05	200m: 3:52.28 57.80	300m: 5:50.80 58.33	400m: 7:26.85 44.56						

Event 13
28.05.2022 - 15:01

Women, 400m Freestyle

25 years and older
Results

Vieta V rds, Uzv rds Dz.g. Komanda Rezult ts RT Punkti

45 - 49 years

1. SKABE Aiga	74	PK Champions	6:19.41	+0.82					
50m: 41.82 41.82	150m: 2:17.77 48.60	250m: 3:55.46 49.32	350m: 5:33.25 49.46						
100m: 1:29.17 47.35	200m: 3:06.14 48.37	300m: 4:43.79 48.33	400m: 6:19.41 46.16						

50 - 54 years

1. MIRONOVSKA Anna	68	Valmieras PK Aqua	6:41.58	+0.61					
50m: 42.14 42.14	150m: 2:21.50 50.65	250m: 4:05.37 52.01	350m: 5:50.70 53.26						
100m: 1:30.85 48.71	200m: 3:13.36 51.86	300m: 4:57.44 52.07	400m: 6:41.58 50.88						

60 - 64 years

1. KOZAK Jolanta	61	Kauno Takas	8:36.53	+1.04					
50m: 56.49 56.49	150m: 3:06.40 1:05.55	250m: 5:20.13 1:07.06	350m: 7:35.73 1:07.25						
100m: 2:00.85 1:04.36	200m: 4:13.07 1:06.67	300m: 6:28.48 1:08.35	400m: 8:36.53 1:00.80						

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Event 13, Women, 400m Freestyle

70 - 74 years

1. MARKKULA Kaarina	52	Cetus	6:46.69	+0.96						
50m: 45.19	45.19	150m: 2:25.15	50.77	250m: 4:08.40	51.73	350m: 5:54.48	53.62			
100m: 1:34.38	49.19	200m: 3:16.67	51.52	300m: 5:00.86	52.46	400m: 6:46.69	52.21			

Event 14

28.05.2022 - 15:10

Men, 400m Freestyle

25 years and older

Results

Vieta V rds, Uzv rds	Dz.g.	Komanda	Rezult ts	RT	Punkti
35 - 39 years					
1. VIKSNE Arturs	84	SK Delfins	5:33.23	+0.71	
50m: 34.70	34.70	150m: 1:56.83	41.66	250m: 3:21.53	42.56
100m: 1:15.17	40.47	200m: 2:38.97	42.14	300m: 4:04.80	43.27
				350m: 4:50.12	45.32
				400m: 5:33.23	43.11

40 - 44 years

1. KORABLOVS Aleksejs	78	SK Delfins	5:04.94	+0.95	
50m: 36.23	36.23	150m: 1:53.18	38.84	250m: 3:11.48	39.05
100m: 1:14.34	38.11	200m: 2:32.43	39.25	300m: 3:49.94	38.46
				350m: 4:27.99	38.05
				400m: 5:04.94	36.95

45 - 49 years

1. BUNA Janis	77	SK Delfins	6:11.11	+0.89	
50m: 41.42	41.42	150m: 2:13.05	46.21	250m: 3:49.21	48.14
100m: 1:26.84	45.42	200m: 3:01.07	48.02	300m: 4:37.48	48.27
				350m: 5:25.59	48.11
				400m: 6:11.11	45.52

55 - 59 years

1. KRASAUSKAS Vilmantas	64	Marijampoles Torpedos	5:08.90	+0.84	
50m: 36.80	36.80	150m: 1:55.18	39.44	250m: 3:13.02	39.19
100m: 1:15.74	38.94	200m: 2:33.83	38.65	300m: 3:51.93	38.91
				350m: 4:31.28	39.35
				400m: 5:08.90	37.62

Event 15

28.05.2022 - 15:17

Women, 800m Freestyle

25 years and older

Results

Vieta V rds, Uzv rds	Dz.g.	Komanda	Rezult ts	RT	Punkti
40 - 44 years					
1. ARUSOO Kristiina	79	Meisterujumise U-Klubi	11:27.97	+0.81	
100m: 1:18.83	1:18.83	300m: 4:12.05	1:27.10	500m: 7:07.54	1:27.32
200m: 2:44.95	1:26.12	400m: 5:40.22	1:28.17	600m: 8:34.84	1:27.30
				700m: 10:02.73	1:27.89
				800m: 11:27.97	1:25.24

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Event 15, Women, 800m Freestyle

55 - 59 years

1. VANTSI Merle	65	Meisterujumise U-Klubi	11:54.26	+0.66					
100m: 1:22.60	1:22.60	300m: 4:21.44	1:30.23	500m: 7:23.04	1:31.05	700m: 10:23.84	1:30.52		
200m: 2:51.21	1:28.61	400m: 5:51.99	1:30.55	600m: 8:53.32	1:30.28	800m: 11:54.26	1:30.42		

60 - 64 years

1. KOZAK Jolanta	61	Kauno Takas	18:40.42	+1.01					
100m: 2:11.11	2:11.11	300m: 6:49.38	2:17.99	500m: 11:27.55	2:18.97	700m: 16:25.10	2:44.53		
200m: 4:31.39	2:20.28	400m: 9:08.58	2:19.20	600m: 13:40.57	2:13.02	800m: 18:40.42	2:15.32		

Event 16

Men, 800m Freestyle

25 years and older

28.05.2022 - 15:35

Results

Vieta V rds, Uzv rds	Dz.g.	Komanda	Rezult ts	RT	Punkti				
30 - 34 years									
1. SIMINAITIS Igors	88	PK Champions	12:57.02	+0.87					
100m: 1:24.69	1:24.69	300m: 4:32.45	1:34.08	500m: 7:45.50	1:37.01	700m: 11:05.68	1:39.64		
200m: 2:58.37	1:33.68	400m: 6:08.49	1:36.04	600m: 9:26.04	1:40.54	800m: 12:57.02	1:51.34		

65 - 69 years

1. GARENCIKS Raimonds	55	PK MW Riga	12:28.04	+1.10					
100m: 1:27.44	1:27.44	300m: 4:35.43	1:34.05	500m: 7:45.44	1:34.98	700m: 10:55.54	1:35.05		
200m: 3:01.38	1:33.94	400m: 6:10.46	1:35.03	600m: 9:20.49	1:35.05	800m: 12:28.04	1:32.50		

70 - 74 years

1. MICKELIUNAS Jonas	51	TSK Darna	13:17.75	+1.11					
100m: 1:31.02	1:31.02	300m: 4:50.90	1:40.55	500m: 8:13.85	1:41.36	700m: 11:38.77	1:42.28		
200m: 3:10.35	1:39.33	400m: 6:32.49	1:41.59	600m: 9:56.49	1:42.64	800m: 13:17.75	1:38.98		

75 years and older

1. AUZINS Janis	46	Jelgavas pilseta	15:25.24	+0.86					
100m: 1:44.51	1:44.51	300m: 5:37.43	1:56.17	500m: 9:32.84	1:58.59	700m: 13:31.76	1:59.68		
200m: 3:41.26	1:56.75	400m: 7:34.25	1:56.82	600m: 11:32.08	1:59.24	800m: 15:25.24	1:53.48		
2. GRIGAS Stasys	41	Marijampoles Torpedos	27:51.85	+1.26					
100m: 3:26.99	3:26.99	300m: 10:30.09	3:31.23	500m: 17:36.59	3:34.91	700m: 24:36.15	3:31.06		
200m: 6:58.86	3:31.87	400m: 14:01.68	3:31.59	600m: 21:05.09	3:28.50	800m: 27:51.85	3:15.70		

25th Second Breath/25. Otr elpa
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Event 17
29.05.2022 - 10:00

Women, 50m Freestyle

25 years and older
Results

Vieta V rds, Uzv rds	Dz.g.	Komanda	Rezult ts	RT Punkti
25 - 29 years				
1. SILINA Sindija	95	Valmieras PK Aqua	27.85	+0.71
40 - 44 years				
1. ARUSOO Kristiina	79	Meisterujumise U-Klubi	31.22	+0.76
2. GRUGULE Jolanta	80	Jekabpils SC	31.25	+0.75
45 - 49 years				
1. SILINA Laura	73	Valmieras PK Aqua	32.62	+0.84
2. PRANCKEVICIENE Jurate	75	Marijampoles Torpedos	34.93	+0.72
3. POLICANE Anzelika	73	Rezeknes pilseta	37.36	+0.85
4. SUFINSKIENE Ilona	74	Marijampoles Torpedos	37.43	+0.98
5. OZOLA-GUTPELCA Inese	77	Ventspils pilseta	37.67	
6. TRIFONOVA Marija	77	SK Delfins	46.66	+0.91
50 - 54 years				
1. GREISKANE Svetlana	70	Rezeknes pilseta	36.58	+0.74
2. SIRENKO Natalja	72	PK Champions	37.30	
55 - 59 years				
1. MIKELSONE Aiva	66	Valmieras PK Aqua	31.08	+0.69
DNS RAVENA Patricija	67	PK Champions		
60 - 64 years				
1. KOZAK Jolanta	61	Kauno Takas	51.99	+1.04
70 - 74 years				
1. MARKKULA Kaarina	52	Cetus	39.06	+0.85

25th Second Breath/25. Otr elpa
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Event 18
29.05.2022 - 10:03

Men, 50m Freestyle

25 years and older
Results

Vieta V rds, Uzv rds	Dz.g.	Komanda	Rezult ts	RT Punkti
30 - 34 years				
1. LAPSE Gundars	90	Valmieras PK Aqua	27.32	+0.89
2. SIMINAITIS Igors	88	PK Champions	30.67	+0.88
3. ANDREJS Leskevics	89	PK Champions	34.28	+0.79
35 - 39 years				
1. LICITIS Arturs	85	Jekabpils SC	30.56	+0.73
2. NICIPORS Dmitrijs	84	Valmieras PK Aqua	31.88	+0.96
3. SKIPARS Vilnis	83	Jekabpils SC	37.28	+1.13
40 - 44 years				
1. KORABLOVS Aleksejs	78	SK Delfins	27.21	+0.94
2. TALALAJEVS Jurijs	82	Rezeknes pilseta	27.78	+0.49
3. ZUKOVS Marians	80	Rezeknes pilseta	28.80	+0.64
4. DEJUS Girts	79	PK Champions	33.68	+0.93
45 - 49 years				
1. ERCINS Igors	74	Kekavas novads	29.77	+0.94
2. BARABISKINS Andris	73	Rezeknes pilseta	31.95	+0.80
3. OZOLINS Janis	76	Valmieras PK Aqua	32.19	+0.69
4. BUNA Janis	77	SK Delfins	33.75	+0.86
5. KADIKIS Arnolds	75	Kekavas novads	33.95	+0.81
55 - 59 years				
1. GUMBIS Vaidotas	66	Ilgaplaukiai	27.70	+0.69
2. KRASAUSKAS Vilmantas	64	Marijampoles Torpedos	29.92	+0.79
3. AFONICEVS Aleksejs	64	Ventspils pilseta	39.80	+0.92
DNS BUSMANIS Ritvars	66	PK MW Riga		
60 - 64 years				
1. TIKKERBAER Artur	60	Meisterujumise U-Klubi	30.40	+0.81
2. SAKSAGANSKIS Jurijs	61	Ventspils pilseta	31.51	+0.76
3. KOOSKORA Olev	62	Meisterujumise U-Klubi	32.75	+0.92
65 - 69 years				
1. GARENCIKS Raimonds	55	PK MW Riga	34.02	+0.93
2. TEONOJA Timo	55	Cetus	35.02	+0.71

25th Second Breath/25. Otr elpa
Valmiera, 28.-29.05.2022.

Event 18, Men, 50m Freestyle

70 - 74 years

1. LAHT Lembit	49	Meisterujumise U-Klubi	36.06	+0.90
DNS BERGMANIS Ivans	51	PK Mitau Swim		

75 years and older

1. PALUDNEVICIUS Valdimaras	47	Marijampoles Torpedos	41.74	+1.04
2. GRIGAS Stasys	41	Marijampoles Torpedos	58.75	+1.07
DNS VALAINIS Viktors	43	PK Mitau Swim		

Event 19

Women, 50m Backstroke

25 years and older

29.05.2022 - 10:10

Results

Vieta V rds, Uzv rds	Dz.g.	Komanda	Rezult ts	RT Punkti
50 - 54 years				
1. GREISKANE Svetlana	70	Rezeknes pilseta	45.92	+0.80
55 - 59 years				
1. VANTSI Merle	65	Meisterujumise U-Klubi	39.06	+0.77
2. PALUDNEVICIENE Laimute	63	Marijampoles Torpedos	54.11	+0.84
DNS RAVENA Patricija	67	PK Champions		
60 - 64 years				
1. KOZAK Jolanta	61	Kauno Takas	1:03.81	+0.89

Event 20

Men, 50m Backstroke

25 years and older

29.05.2022 - 10:13

Results

Vieta V rds, Uzv rds	Dz.g.	Komanda	Rezult ts	RT Punkti
35 - 39 years				
1. VIKSNE Arturs	84	SK Delfins	32.23	+0.68
45 - 49 years				
1. GUSEVS Aleksejs	75	PK Champions	31.08	+0.71
75 years and older				
1. PALUDNEVICIUS Valdimaras	47	Marijampoles Torpedos	47.22	+0.80
2. GRIGAS Stasys	41	Marijampoles Torpedos	1:13.18	+1.13
DNS VALAINIS Viktors	43	PK Mitau Swim		

25th Second Breath/25. Otr elpa
Valmiera, 28.-29.05.2022.

Event 21
29.05.2022 - 10:15

Women, 50m Breaststroke

25 years and older
Results

Vieta V rds, Uzv rds	Dz.g.	Komanda	Rezult ts	RT Punkti
45 - 49 years				
1. VAITONE Irina	74	Rezeknes pilseta	36.66	+0.59
2. OZOLA-GUTPELCA Inese	77	Ventspils pilseta	43.21	+0.81
3. POLICANE Anzelika	73	Rezeknes pilseta	43.95	+0.76
4. SUFINSKIENE Ilona	74	Marijampoles Torpedos	48.85	
5. TRIFONOVA Marija	77	SK Delfins	53.61	+0.96
50 - 54 years				
1. OTRASKEVICA Lubova	70	Rezeknes pilseta	42.62	+0.83
2. SIRENKO Natalja	72	PK Champions	50.01	
55 - 59 years				
1. PALUDNEVICIENE Laimute	63	Marijampoles Torpedos	54.05	+1.07
DNS RAVENA Patricija	67	PK Champions		
60 - 64 years				
1. KULLA Kaia	61	Meisterujumise U-Klubi	40.96	+0.79
65 - 69 years				
1. CINELIENE Margarita	56	Marijampoles Torpedos	50.18	+0.67

Event 22
29.05.2022 - 10:18

Men, 50m Breaststroke

25 years and older
Results

Vieta V rds, Uzv rds	Dz.g.	Komanda	Rezult ts	RT Punkti
30 - 34 years				
1. LAPSE Gundars	90	Valmieras PK Aqua	36.93	+0.90
2. SIMINAITIS Igors	88	PK Champions	39.52	+0.88
DNS ANDREJS Leskevics	89	PK Champions		
35 - 39 years				
1. JAGOVDIKS Olegs	83	PK Mitau Swim	33.92	+0.85
2. SKIPARS Vilnis	83	Jekabpils SC	47.90	+1.12
40 - 44 years				
1. TALALAJEVs Jurijs	82	Rezeknes pilseta	34.36	+0.75
2. DEJUS Girts	79	PK Champions	45.73	+0.96

NOSAC TIE APZ M JUMI:
Event - Distance; Heat - Peld jums;

RT - reakcijas laiks; DSQ - diskvalifikacija;
DNS - nestart ja; WDR - atsaukts starts;

years - gadi; and older - un vec kas/-i
Results - rezult ti

25th Second Breath/25. Otr elpa
Valmiera, 28.-29.05.2022.

Event 22, Men, 50m Breaststroke

45 - 49 years

1. ZARKOVSKIS Dmitrijs	75	SK Delfins	33.18	+0.68
2. BARABISKINS Andris	73	Rezeknes pilseta	38.87	+0.97
3. BUNA Janis	77	SK Delfins	45.16	+0.87

55 - 59 years

1. AFONICEVS Aleksejs	64	Ventspils pilseta	47.36	
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60 - 64 years

1. SAKSAGANSKIS Jurijs	61	Ventspils pilseta	41.43	+0.81
2. BARANOVSKIS Mihails	59	Rezeknes pilseta	43.87	+0.81

70 - 74 years

1. LUIGE Aksel	49	Meisterujumise U-Klubi	42.70	+0.87
DNS BERGMANIS Ivans	51	PK Mitau Swim		

75 years and older

1. AUZINS Janis	46	Jelgavas pilseta	53.40	+0.82
2. GRIGAS Stasys	41	Marijampoles Torpedos	1:20.52	+1.15

Event 23

Women, 50m Butterfly

25 years and older
Results

29.05.2022 - 10:25

Vieta V rds, Uzv rds	Dz.g.	Komanda	Rezult ts	RT Punkti
25 - 29 years				
1. SILINA Sindija	95	Valmieras PK Aqua	29.89	+0.73
40 - 44 years				
1. ARUSOO Kristiina	79	Meisterujumise U-Klubi	33.13	+0.79
WDR GRUGULE Jolanta	80	Jekabpils SC		
45 - 49 years				
1. VAITONE Irina	74	Rezeknes pilseta	35.05	+0.74
2. SILINA Laura	73	Valmieras PK Aqua	39.68	+0.67
DNS PRANCKEVICIENE Jurate	75	Marijampoles Torpedos		
50 - 54 years				
1. MIRONOVSKA Anna	68	Valmieras PK Aqua	46.88	

25th Second Breath/25. Otr elpa
Valmiera, 28.-29.05.2022.

Event 23, Women, 50m Butterfly

55 - 59 years

1. VANTSI Merle 65 Meisterujumise U-Klubi **39.56**

65 - 69 years

1. CINELIENE Margarita 56 Marijampoles Torpedos **56.15** +0.75

70 - 74 years

1. MARKKULA Kaarina 52 Cetus **49.43** +0.85

Event 24

29.05.2022 - 10:28

Men, 50m Butterfly

25 years and older
Results

Vieta V rds, Uzv rds	Dz.g.	Komanda	Rezult ts	RT Punkti
35 - 39 years				
1. NICIPORS Dmitrijs	84	Valmieras PK Aqua	36.44	+0.95
WDR LICITIS Arturs	85	Jekabpils SC		
40 - 44 years				
1. KORABLOVS Aleksejs	78	SK Delfins	30.41	+0.91
2. ZUKOVS Marians	80	Rezeknes pilseta	31.41	+0.68
45 - 49 years				
1. GUSEVS Aleksejs	75	PK Champions	31.59	+0.73
2. ERCINS Igors	74	Kekavas novads	32.77	+0.91
3. OZOLINS Janis	76	Valmieras PK Aqua	33.53	+0.69
4. KADIKIS Arnolds	75	Kekavas novads	45.76	+0.76
50 - 54 years				
1. HODIREV Sergej	68	Meisterujumise U-Klubi	35.84	+1.01
55 - 59 years				
1. KRASAUSKAS Vilmantas	64	Marijampoles Torpedos	37.02	+0.76
DNS BUSMANIS Ritvars	66	PK MW Riga		
60 - 64 years				
1. TIKKERBAER Artur	60	Meisterujumise U-Klubi	33.22	+0.76
2. BARANOVSKIS Mihails	59	Rezeknes pilseta	44.13	+0.82

25th Second Breath/25. Otr elpa
Valmiera, 28.-29.05.2022.

Event 24, Men, 50m Butterfly

65 - 69 years

1. TEPONOJA Timo	55	Cetus	40.33	+0.77
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70 - 74 years

DNS BERGMANIS Ivans	51	PK Mitau Swim		
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25th Second Breath/25. Otr elpa
Valmiera, 28.-29.05.2022.

Event 25
29.05.2022 - 10:32

Mixed, 4 x 25m Freestyle

Open
Results

Vieta	Dz.g.	Komanda	Rezult ts	RT	Punkti
1. Meisterujumise U-Klubi		Meisterujumise U-Klubi	1:25.48		
ARUSOO Kristiina	79	39.43	KOOSKORA Olev	62	46.05
VANTSI Merle	65		TIKKERBAER Artur	60	
2. Valmieras PK Aqua		Valmieras PK Aqua	1:27.85		
SILINA Laura	73	39.22	OZOLINS Janis	76	48.63
MIKELSONE Aiva	66		LAPSE Gundars	90	
3. Rezeknes pilseta		Rezeknes pilseta	1:35.31		
VAITONE Irina	74	47.46	POLICANE Anzelika	73	47.85
BARANOVSKIS Mihails	59		ZUKOVŠ Marians	80	
4. Ventpils pilseta/Valmieras PK AQUA/Ventpils pilseta			1:45.29		
SAKSAGANSKIS Jurijs	61	52.30	AFONICEVS Aleksejs	64	52.99
OZOLA-GUTPELCA Inese	77		MIRONOVSKA Anna	68	
5. PK Champions/SK Delfins		PK Champions	1:45.33		
GUSEVS Aleksejs	75	55.63	TRIFONOVA Marija	77	49.70
SIRENKO Natalja	72		SIMINAITIS Igors	88	