

# Curonian Lagoon Swimming Marathon dedicated to the 100-th anniversary of the Lithuanian Republic KMM-2018

## REGULATIONS

Confirmed by:

President of Kaunas  
swimming federation  
Arlandas Antanas Juodeška



Confirmed by:

Mayor of Šilutė district  
Municipality  
Vytautas Laurinaitis

Confirmed by:

Mayor of Neringa Municipality  
Darius Jasaitis

### 1. The aim and tasks

1. To renew the Curonian lagoon marathon and by swimming to commemorate the 100-th anniversary of the Lithuanian Republic.
2. Strive to achieve the Curonian lagoon marathon to become the annual and international high level swimming event, which will make the swimming sport popular not only as the most healthy branch of sport, but also will provide opportunity to get acquainted with the region of the seacoast.
3. To provide the opportunity for the people of various age and social stratum to compete, rest and associate.
4. To increase the popularity of the long distance swimming event in the open water bodies.
5. To develop the ability of a careful behavior in the open waters.

### 2. Organisers and operators

1. Šilutė district Municipality
2. Kaunas swimming federation

### 3. The place, time, programme and financial terms of the competition

1. The date of the competition – July 14<sup>th</sup>, 2018.
2. The place of the competition – Kintai. ([www.google.lt/maps/dir/55.4250129,21.252454/55.4162947,21.2519745/@55.4203814,21.2432818,2105m/data=!3m1!1e3!4m2!4m1!3e0?hl=lt](http://www.google.lt/maps/dir/55.4250129,21.252454/55.4162947,21.2519745/@55.4203814,21.2432818,2105m/data=!3m1!1e3!4m2!4m1!3e0?hl=lt))
3. The programme of the competition:

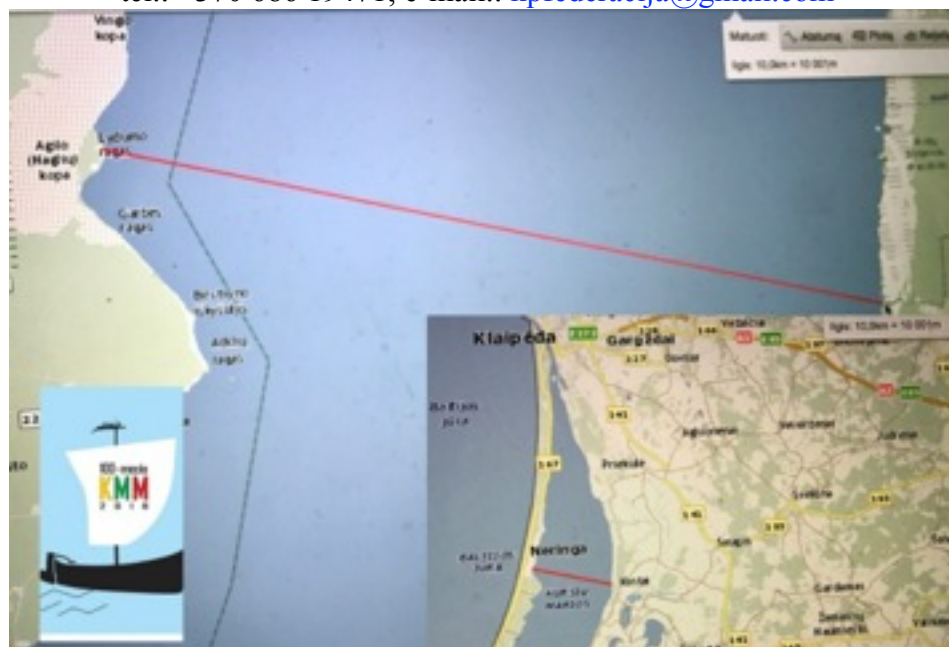
1. The Great swimming marathon Kintai–10 km distance (Lydumo ragas – Kintai), Picture No.1

**July 14th, 2018**

Time	Place	Activity
9:00 – 9:30 val.	Hotel “Ventainė”	The repeated registration of the participants. Distribution of the electronic bracelets for the participants.
9:30 – 10:00val.	Hotel “Ventainė”	Instructions for the participants.
10:00 val.	Meeting place “Ventainė”	Transportation of the participants/ referees/ life-guards/ accompanying persons from Ventainė berth to the start - Lydumo ragas.
12:00 val.	The Curonian Lagoon, Lydumo ragas	10 km distance swimming <b>START</b>
until 15:45 val.	Kintai (Uosto str.)	10 km distance swimming <b>FINISH</b>
17:00-22:00 val.	Kintai	The awards ceremony and Opening of Lagoon Festival/Marių šventė (www.vydunocentras.lt/tradicines-sventes)

### 1.1.2.

The Participation fee (until June 30<sup>th</sup>) – 50 Eur.  
The Late Participation fee (after June 30<sup>th</sup>) – 100 Eur.  
The Participation fee must be paid via bank transfer to:  
Kaunas swimming federation  
Aušros str. 42 a, LT-44158 Kaunas  
Company code 293258790  
IBAN LT12 7300 0100 0225 7515; SWIFT code HABALT22  
Reference: KMM-2018  
tel.: +370 686 19471; e-mail.: [kpfederacija@gmail.com](mailto:kpfederacija@gmail.com)

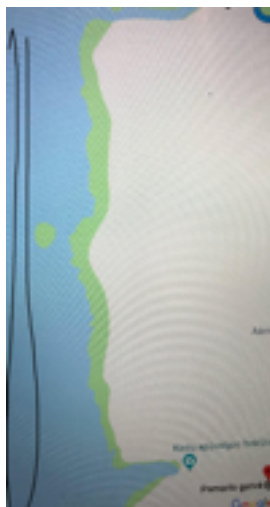


**Picture No.1** The Great swimming marathon Kintai – 10 km distance (Lydumo ragas – Kintai)

1.1.3. The little swimming marathon Kintai – 2 km distance. Picture No.2

Time	Place	Activity
11:30 – 12:15 val.	Kintai (Uosto str.)	The repeated registration of the participants. Distribution of the electronic bracelets for the participants.
12:15 – 12:30 val.	Kintai (Uosto str.)	Instructions for the participants.
13:00 val.	Kintai (Uosto str.)	2 km distance swimming <b>START</b>
until 14:30 val.	Kintai (Uosto str.)	2 km distance swimming <b>FINISH</b>
17:00-22:00 val.	Kintai	The awards ceremony and Opening of Lagoon Festival/Marių šventė (www.vydunocentras.lt/tradicines-sventes)

- 1.1.4. The Participation fee - 15 Eur must be paid via bank transfer to:  
Kaunas swimming federation  
Aušros str. 42 a, LT-44158 Kaunas  
Company code 293258790  
IBAN LT12 7300 0100 0225 7515; SWIFT code HABALT22  
Reference: KMM-2018  
tel.: +370 686 19471; e-mail.:[kpfederacija@gmail.com](mailto:kpfederacija@gmail.com)



**Picture No 2.** The little swimming marathon Kintai – 2 km distance

#### **4. The participants of the competition and registration**

1. The competition is open and individual, citizens of the Lithuanian Republic and other countries may take part in it.
2. The limit of the participants in 10 km distance – 30 participants, in 2 km distance – the number of participants is unlimited.
3. The age of the participants of the competition:
  1. 10 km distance marathon: 18 - 45 years and older than 45 years.
  2. 2 km distance marathon: 14 years old and older.
4. The registration of the participants of the competition should be sent by e-mail: [kaunotakas@gmail.com](mailto:kaunotakas@gmail.com) until **June 30<sup>th</sup>**. Entry form is attached (Annex No. 1).

5. The participant of the competition when registering should submit the official document (in PDF format), which is to confirm the achieved result in 5 km swimming distance. Only then he receives the approval of the organizers for the permission to take part in the **KMM - 2018**. In the Lithuanian Republic the control time of 5 km distance can be fixed at Šveicarijos Joninių swimming marathon (June 23, 2018), Lampėdžių swimming marathon (July 6, 2018) or the official result achieved in 5 or 10 km marathon distance in 2017-2018.
6. When registering it is necessary to submit the copy of the entry fee payment .

## 5. The course and rules of the competition

1. The competition will be conducted under the similar FINA rules of open waters <https://www.fina.org/content/ows>.
2. Every participant who comes to take part in the marathon must register repeatedly ( for 10 km distance – in Hotel “Ventinė”; for 2 km distance - Kintai, Uosto str.)
3. Before the marathon the participants will be instructed about the course of the competition. They will be given the electronic bracelets, which are to be kept safe during the competition and should be returned back after having finished the distance and after having fixed the result.
4. The participant of the 10 km distance is accompanied by a person in a canoe who will be responsible for the safety of the participant in the water during the marathon and helps the participant to orientate in the route. Every participant is supplied with water and sport supplements. Every participant should provide himself with individual extra food ration. In case of health disorder or having stopped swimming the participant is transported to the boat.
5. 5 min until the start it will be announced every minute how much time is left until the start. The start for the marathon will be given by a sound signal.
6. By the limit of 5 km distance, near the boat, the control time of the 5 km distance will be fixed up. The time limit – 90 min.
7. During the marathon the participants and the accompanying persons should not disturb other participants to swim and should keep the order. It is forbidden for the participants during the marathon to use the additional swimming equipment (hand and feet fins). If violation of rules is observed, the participant is disqualified.
8. The participant of the marathon finishing the distance should cross the marked finish line in order to fix the exact swimming time.
9. In case of health disorder during the marathon the participant should inform the accompanying person or the supervising staff as soon as possible.
- 1.10. The participants will be informed about the swimming results after the marathon is over.
- 1.11. The use of hydro and swimming costumes:
  1. Hydro-costume is compulsory when the water temperature is below 19 °C .
  2. When the water temperature is 19 °C and higher, - swimming costumes and shorts of knitted fabric.

## 6. The award procedure and ceremony

1. All the participants will be rewarded with the certificates noting of having finished the **Curonian Lagoon Swimming Marathon, dedicated to the 100-th anniversary of the Lithuanian Republic**; the winners – with the diplomas and medals.
2. The winners of the marathon are determined in men and women groups according to the time the distance was finished.

3. In 2 km marathon the winners in men and women groups are determined according the following age group ranking: 1st group 16 years old and younger; 2nd group 17-24 years old; 3rd group 25-34 years old; 4th group 35-44 years old; 5th group 45-54 years old; 6th group 55-64 years old; 7th group 65-74 years old; 8th group 75 years and older.
4. In 2 km distance marathon in age groups up to 24 years old (1st and 2nd groups) the top female and male swimmer win the kiteboarding lessons at Kintai kiteboarding club.
5. In 10 km distance the winners are rewarded with diplomas, medals and valuable prizes in the following groups: 1st group 18-45 years old; 2nd group older than 45.
6. All the participants are supplied with the attributes of the event and beverages.

## **7. Final statements**

- 7.1. Every participant is responsible for his safety and health. Parents, patrons or coaches confirm their responsibility upon the health and safety of their children and youth also by signing the entry form.
- 7.2. Kintai swimming marathon is a public event, where videos and photos might be taken.
- 7.3. The filmed and photographed material may be published in the media and online.
- 7.4. By submitting the entry form participant agree to the regulations and conditions of the event.
- 7.5. The organizers, if necessary, reserve the right to change the date, time and programme of the competition. .

## **8. Cancellation of marathon**

- 8.1. The marathon can be cancelled under certain conditions:
  - 8.1.1. The water temperature is lower than 15 °C.
  - 8.1.2. The dangerous wave conditions.
  - 8.1.3. The quality of water (due to algal blooms or other factors) does not comply with the hygiene standarts.
  - 8.1.4. Due to thunder and lightning.
- 8.2. In case the marathon is cancelled, the participation fee is returned.
- 8.3. The final decision about the cancellation of the marathon is taken by the organizer and referee of the competition.

## **9. Contacts**

Arlandas Juodeška, mob. tel.: +370 686 19471; e-mail.: kpfederacija@gmail.com  
Andrius Bičkauskas, mob. tel.: +370 682 97778 e-mail.: kaunotakas@gmail.com  
Referee - Inga Pravidinskienė e-mail.: balticsand@gmail.com  
Information : [www.klubastakas.lt](http://www.klubastakas.lt) or [www.ltuswimming.lt](http://www.ltuswimming.lt)

## **10. Proposals for accomodation**

- Hotel “Ventinaė“, Marių str.7, Ventė village, 99361 Šilutė district Municipality  
Mob. tel.: + 370 686 70490, tel.: + 370 441 68 525, Fax:. + 370 441 47 422  
<http://www.ventaine.lt/viesbutis/>
- Kintai kiteboarding club, Ramioji str. 8, Kintai, tel. +370 671 98415  
<https://kaitavimocentras.lt/apgyvendinimo-paslaugos/>

**Sponsors:  
ANNEX**



**No. 1 – Entry form**

**ANNEX No. 1 ENTRY FORM**

**Curonian Lagoon Swimming Marathon  
dedicated to the 100-th anniversary of the Lithuanian Republic**

**PARTICIPANT**

<b><i>NUMBER</i></b>	
<b><i>NAME</i></b>	
<b><i>LAST NAME</i></b>	
<b><i>YEAR OF BIRTH</i></b>	
<b><i>SPORT CLUB/CITY</i></b>	
<b><i>MARATHON DISTANCE</i></b>	
<b><i>2 KM (+)</i></b>	
<b><i>10 KM (+)</i></b>	
<b><i>Tel. / E-mail No.</i></b>	
<b>I am responsible for my health and safety on my own (parents/patrons/coaches) during the marathon and I am aware and agree with the order and rules of the marathon</b>	
<b><i>DATE</i></b>	
<b><i>SIGNATURE</i></b>	

Mecenatas



Generalinis  
rėmėjas



KŪNO KULTŪROS IR SPORTO DEPARTAMENTAS  
PRIE LIETUVOS RESPUBLIKOS VYRIAUSYBĖS

Rėmėjai:



DELFI



ADP LT

