

SPORTS INFORMATION GUIDE

1. COMPETITION DATES

Swimming competition for Asia Pacific Masters Games 2018 (APMG 2018) offers individual events for men and women and mixed team events.

The provisional Swimming competition schedule for APMG 2018 is as follows:

6/9 Thu	7/9 Fri	8/9 Sat	9/9 Sun	10/9 Mon	11/9 Tue	12/9 Wed	13/9 Thu	14/9 Fri
0800- 1700	0800- 1700	0800- 1400	0800- 1700	0800- 1700				

The Opening Ceremony is scheduled for the evening of Saturday 8 September 2018 with the Closing Ceremony on the evening of Saturday 15 September 2018.

All dates and times are subject to change, pending final entries received. A detailed schedule for each age category will be developed throughout 2017 and early 2018.

2. COMPETITION FORMAT

The APMG2018 Swimming competition will be a long course competition conducted according to FINA Rules in a 50m swimming pool.

In line with the sport specific rules, an athlete must compete in their designated age group, with their age determined as at 31 December 2018.

Events will be swum as timed finals, seeding of timed-finals will be according to the swimmers submitted entry times. The awarding of medals will not be affected, that is, individuals will be awarded medals in the age category in which they originally entered.

2.1. Pool

The following events are offered in APMG2018 swimming competition:

Discipline	Event	Age Categories
Pool	50m, 100m, 200m Butterfly	Men's / Women's: 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+
Pool	50m, 100m, 200m Backstroke	Men's / Women's: 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+
Pool	50m, 100m, 200m Breaststroke	Men's / Women's: 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+
Pool	50m, 100m, 200m, 400m, 800m Freestyle	Men's / Women's: 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+
Pool	200m, 400m Individual Medley	Men's / Women's: 25-29, 30-34, 35-39, 40-44, 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84, 85-89, 90-94, 95-99, 100+
Pool	4 x 50m Freestyle Relay	Men's / Women's: 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360+
Pool	4 x 50m Mixed Freestyle Relay	Mixed: 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360+
Pool	4 x 50m Medley Relay	Men's / Women's: 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360+
Pool	4 x 50m Mixed Medley Relay	Mixed: 100-119, 120-159, 160-199, 200-239, 240-279, 280-319, 320-359, 360+

2.2. Relays

For each relay team to be confirmed, four athletes need to be registered. In a Mixed Relay, each team must comprise two male and two female athletes. The combined age of the four athletes, determines the age category in which the relay team will compete.

The swimming order of all relay teams will be verified by APMG2018 competition organizers. Relay teams may change their nominated order up to the deadline of the end of warm up on the day of their event. This will be done by completing a hard copy form available at the venue.

3. COMPETITION VENUE

APMG 2018 Swimming competition takes place at the following competition venue:

Venue Name	Relau City Sports Complex
Venue Location	Taman Desa Relau, Bayan Lepas, Penang, Malaysia

4. COMPETITION DETAILS

4.1. Competition Rules

The APMG2018 Swimming event will be conducted in line with the competition rules of the Fédération Internationale De Natation (FINA), or as otherwise specified in this document.

4.2. Competition seeding

There are no pre-determined qualification standards to compete in the Swimming competition at APMG2018. To assist with competition scheduling, during the registration process, each athlete is requested where prompted to enter a 'Best' time within the last 12 months, if you have not competed in this event during this period, please leave blank. Athletes who do not provide a time when registering will be seeded by the Meet Software.

4.3. Timed Final

All Swimming events will be conducted as straight timed finals.

Pool events will be super seeded into races based on the 'Best' recent time provided during the registration process. Where possible some races will be combined to reduce session times. The fastest three athletes in each age category for each event will be awarded competition medals following the completion of the event.

The one start rule will apply for all events.

4.4. Swimming Programme

The following swimming programme has been developed:

DATE	Events to be contested
Day 1: Thursday 6 Sept 2018	200m Individual Medley 100m Breaststroke 400m Freestyle 4x50m Mixed Medley Relay 50m Butterfly
Day 2: Friday 7 Sep 2018	200m Breaststroke 200m Freestyle 50m Backstroke 4x50m Mixed Freestyle Relay
Day 3: Saturday 8 Sep 2018	800m Freestyle 200m Butterfly
Day 4: Sunday 9 Sep 2018	100m Butterfly 50m Breaststroke 4x50m Medley Relay 100m Freestyle 200m Backstroke
Day 5: Monday 10 Sep 2018	400m Individual Medley 50m Freestyle 100m backstroke 4x50m Freestyle Relay

Whilst every effort will be made to retain the provisional programme, the final programme will not be released until 2018, following the close of individual registrations. Changes may result, pending final entries in each event and age category.

4.5. Registration and Medals

Where possible some races will be combined to reduce session times. The fastest three athletes in each age category for each event will be awarded competition medals.

The medals presentation ceremony will be held on the same day after the completion of an event.

Each participant in APMG2018 swimming competition can register up to a maximum of five (5) individual events and two (2) relay.

4.6. Technical Delegate

The International Masters Games Association has endorsed the appointment of Tang Kwai Mae (MAS) to act in the role of Technical Delegate for the Swimming competition, who will oversee the implementation of all sport specific rules and requirements at the Games.

5. SPORTS ATTIRE

All athletes competing in the Swimming Championship must comply with FINA regulations in relation to swimsuit, caps and goggles. Each athlete is responsible for providing their own swimsuit and equipment for warm-up, competition and training.

6. WARM-UP

The competition pool at Relau City Sports Complex will be available for athlete warm-up for one and a half hours prior to the commencement of each session, and will close 15 minutes before the start of the first scheduled race.

A separate warm up pool will be available to athletes throughout each competition day.

7. ACCOMMODATION

The APMG 2018 organisers recommend the following selected hotels for swimming participants based on location and accessibility to the competition venue:

- Lexis Suites
- Vistana Hotel Penang
- Olive Tree Hotel



- Equatorial Hotel Penang

However, participants are free to select own accommodation according to own preference. To assist participants, an accommodation booking section offering special room rates for the Games is made available on the official website www.apmg2018.com

8. FURTHER INFORMATION

Planning for the APMG2018 Swimming competition will continue throughout 2017 and early 2018. Additional sport specific operational information will be communicated to registered participants and updated in future additions of this Sports Information Guide.

All participants are encouraged to monitor the APMG2018 website at www.apmg2018.com and other Games communication channels to find out all of the latest information.

If you have any further questions, please send an email to swimming@apmg2018.com.

Additional Useful Links

Amateur Swimming Union of Malaysia

malaysiaswimming.org