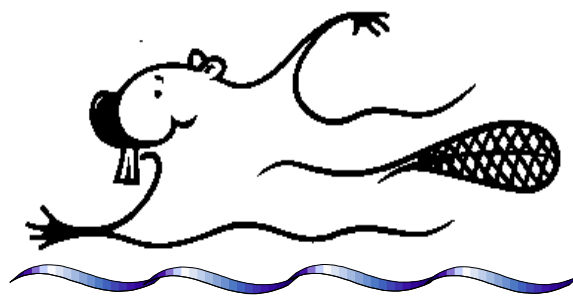


**INVITATION
20. OPEN MASTERS
CHAMPIONSHIPS
IN SWIMMING
„THE SECOND BREATHE”**



Aim of the competition and tasks:

1. The master swimmers to improve the sport mastery.
2. Popularized swimming and propagandize healthy way of living.
3. To cement a friendship between linkages countries master swimmers and swimming clubs.

The competition direction:

The competition is organized by the swimming club „AQUA” and co-operation with Latvian swimming Federation.

The competition administrated the administration of Valmieras City Municipality.

The competition head referee – V. Širjājevs

The competition time and location:

May 23 – 24, 2015

Valmiera swimming pool /25m 4 lines/

Address: Valmiera, Zvaigžņu street ,4, Phone +371 642 35691

Eligibility:

Competitions is open to all registered Masters Swimmers 25 years of age and over. FINA rules and regulations of Masters swimmers are valid. The age of competitors is determined as of 31st December 2013.

Age groups for individual events as follows: men and women

A 25 – 29; B 30 – 34; C 35 – 39; D 40 – 44; E 45 – 49; F 50 – 54;

G 55 – 59; H 60 – 64; I 65 – 69; J 70 -

(Each participant bears personal responsibility for a condition of the health about what undersigned for the report of the established form).

Rewarding:

- All participants will be awarded with memorial prizes.

- Top ten swimmers (5 women un 5 men) – will be calculating by SPLASH Points Calculator 2006 systems. One of the best results of participant will be added.

Entry fees:

Two days competition – 10,- €

Evening party – 15,- € per person.

Notification:

Entries notifying participation in the competition must be sent until May 17, 2015 (please to advert about hotel reservation and participation in the evening party) by e-mail:

e-mail: ritvarsagua@inbox.lv, mob. +371 29118214 Ritvars Bušmanis

Individual entries and pay per participation to competition and to the evening party will be performing on May 23, till 13:30.

The order of events:

Saturday, May 23	Sunday, May 24
13:30 Warming up	9:30 Warming up
14:00 Competitions	10:00 Competitions
100m Free W, M. 200m Free W, M. 200m Breast W, M. 200m Fly W, M. 200m Back W, M. 200, 400m IM W, M. 400, 800, 1500m Free W, M.	50m Free W, M. 50m Back W, M. 50m Breast W, M. 50m Fly W, M. Relay 4 x 25m (2+2)

LIVING	www.avoti.com www.wolmar.lv www.naktsmajas.lv
MEASURES	<i>23.05.15., ~plkst. 17:30 Excursion to „Valmirmuižas beer” plant (Price – 5,69, € for 1,5 hours excursion with beer tasting</i> http://www.valmiermuiza.lv/lv/ciemosanas/ekskursijas). <i>23.05.15., ~plkst. 19:00 – BANQUET!</i>

