



# VII BALTIC OPEN MASTERS CHAMPIONSHIP

## RIGA AMBER CUP 2015

### REGULATIONS

#### I. Objective:

Determination of best master swimmers and teams in the Baltic Region. The championship is open for master swimmers from any country.

#### II. Date and place:

Venue: “Daugavas centrālā sporta nama baseins” (*swimming pool of the sports centre „Daugava”*), address: 107 Kr. Barona iela, Riga, Latvia (25 m, 6 lanes, electronic timing).

Date: 28/02-01/03/2015

#### III. Participants and age groups:

- The championship is organized according to FINA Rules.
- Participation fee – 20 EUR (payment upon the first day of tournament – 25 EUR).
- There are 12 swimmers on each team, of which no less than 4 are women.
- Each participant may take part in no more than 2 events in each session, except for the swimming relay, and in no more than 2 swimming relays.
- Best individual swimmers shall be selected by adding up obtained scores from two events according to DSV Master Performance Table 2013.
- Scores of the teams will be calculated as follows:
  - Individual events: 1<sup>st</sup> place winner of a discipline (according to DSV Master Performance Table 2013) gets 12 points; 2<sup>nd</sup> place – 10 p.; 3<sup>rd</sup> place – 8 p.; 4<sup>th</sup> place - 7 p.; 5<sup>th</sup> place - 6 p.; 6<sup>th</sup> place – 5 p.; 7<sup>th</sup> place - 4 p.; 8<sup>th</sup> place – 3 p.; 9<sup>th</sup> place – 2 p.; 10<sup>th</sup> place – 1 p..
  - Swimming relays: 1<sup>st</sup> place – 24 p.; 2<sup>nd</sup> place – 20 p.; 3<sup>rd</sup> place – 16 p.; 4<sup>th</sup> place - 14 p.; 5<sup>th</sup> place - 12 p.; 6<sup>th</sup> place - 10 p.; 7<sup>th</sup> place - 8 p.; 8<sup>th</sup> place - 6 p.; 9<sup>th</sup> place – 4 p.; 10<sup>th</sup> place – 2 p.
  - Points of the team members shall be calculated, considering two strokes indicated in the application.
- Each participant is fully responsible for his/ her health condition.
- Age of participants by 31/12/2015.
- Age groups in individual events:

A 25-29	E 45-49	H 60-64	L 80-84
B 30-34	F 50-54	I 65-69	M 85-89
C 35-39	G 55-59	J 70-74	N 90-94
D 40-44	G 55-59	K 75-79	O 95+

- Age groups in team relays:

A 100-119	E 240-279
B 120-159	F 280-319
C 160-199	G 320+
D 200-239	



#### IV. Schedule:

28 <sup>th</sup> February (saturday)	01 <sup>st</sup> March (sunday)
<b>Registration – 12:00</b>	
<b><u>I session</u></b> <b>Start - 13:00 (warm up – 12:30)</b> 1/2 400m IM (women, men) 3/4 400m freestyle (women, men)	<b><u>III session</u></b> <b>Start - 9:30 (warm up – 8:45)</b> 20A 50m freestyle with disabilities 21/22 50m freestyle (women, men) 23/24 50m fly (women, men) 25/26 100m breaststroke (women, men) 27/28 100m backstroke (women, men) 29/30 200m freestyle (women, men) 31/32 200m fly (women, men) 33/34 200m IM (women, men) 34 4x50m freestyle relay (women) 35 4x50m freestyle relay (men)
<b><u>II session</u></b> <b>Start - 17:00 (warm up – 16:15)</b> 5/6 50 m breaststroke (women, men) 7/8 50 m backstroke (women, men) 9/10 100 m freestyle (women, men) 11/12 200m breaststroke (women, men) 13/14 200m backstroke (women, men) 15/16 100 m fly (women, men) 17/18 100m IM (women, men) 19 4x50 m medley relay (women) 20 4x50 m medley (men)	<b>Award ceremony - 12:30</b>
<b>*Entry with time limitation:</b> <ul style="list-style-type: none"><li>• <b>400m free: women - 8:30 min, men - 7:30 min;</b></li><li>• <b>400m IM women - 9:00 min, men – 8:00 min.</b></li></ul>	

#### V. Award ceremony:

**Award ceremony of winners shall be held on 1<sup>st</sup> March at 12:30 PM**

- Main award of the team tournament – Amber Cup:
  - 1<sup>st</sup> Place – big cup
  - 2<sup>nd</sup> Place – medium cup
  - 3<sup>rd</sup> Place – small cup
- All swimmers are awarded participation certificates.
- 1<sup>st</sup>, 2<sup>nd</sup> and 3<sup>rd</sup> place winners are awarded medals for each individual discipline.
- 10 best women and 10 best men scoring the highest number of points in two strokes will be awarded prizes (according to DSV Master Performance Table 2013).

#### VI. Registration:

- Individual applications to be emailed by **24<sup>th</sup> february** to info@swimming.lv.
- Team applications for swimming relays to be submitted to the chief secretary of the championship on the day of tournament **until** start of warm-up.

- **Individual registration:**

Name, Surname:

Gender:

Year of birth:

Age group:

Club:

City:

Event/ result:



- **Team registration for swimming relay:**

Club:

Age group:

Total age of team members:

Name, Surname of team members:

Result:

**Note:** After 26<sup>th</sup> february, during registration and championship, no changes to strokes will be allowed.

#### **VII. Financing:**

- Travel expenses to and from the tournament venue, accommodation and catering shall be covered individually or from the budget of the organisation represented by the swimmer.
- The participation fee shall be transferred by **26/02/2015** or on the day of tournament at the Mandates Commission:

**Association "HANDICAP" vecmeistaru un invalīdu peldēšanas klubs**

**Reg. no.: 40008129804**

**Account no.: LV09HABA0551021673826**

**Bank: SWEDBANK**

**SWIFT: HABALV22**

**On the 28<sup>th</sup> of February, we're organizing an awards ceremony within evening of friendship. The information will be updated.**

#### **VIII. Accommodation:**

Participants shall make their own booking; no accommodation is booked by the organizers.

**Baltpark Hotel Riga 3\* (Pērnavas iela 36, Rīga, LV-1009)**

**Prices(with breakfast):**

- *15.00 EUR from person Tripl or Family room*
- *16.00 EUR from person Twin room*
- *28.00 EUR Sgl room*
- *38.00 EUR Superior room*

#### **IX. Contact:**

Information shall be published on the website [www.swimming.lv/masters/jaunumi](http://www.swimming.lv/masters/jaunumi).

Organizer: Edgars Ozoliņš, Mob. Ph.: +371 29203861.

Referee: Andrejs Ostrovskis

E-mail: [info@swimming.lv](mailto:info@swimming.lv)